

**NOTHING LEFT TO HOLD BUT MY TONGUE  
8/2000**

**Adegbalola 4/98, Rev**

**I've lived a long time without living  
Died a long time without dying  
Laughed out loud in the middle of the night  
Just to keep from crying  
I tried and I'm still trying to forget  
The damage you've done  
I've got nothing left to hold but my tongue**

**I used my words for my weapons  
To sting and stab and cut  
I told everything  
To make you hurt like I hurt  
You did not bleed, your silence thundered  
That it was over, it was done  
Now there's nothing left to hold but my tongue**

**Bridge:        Now I curse the world, I curse the world and all who live in it  
                  Behind every angry word is a world of hurt  
                  I need some time to clear my mind  
                  The pain screams in it  
                  Protect you and myself from these bitter words**

**Every shut eye ain't sleep  
Every goodbye ain't gone  
I'll take my life and disappear  
I'll be a hostage in my own home  
Lock the doors, board the windows  
Block out all the sun  
Cuz there's nothing left to hold but my tongue**

**Instrumental breaks  
Back in on Bridge**

**So I'll stay here as a hostage  
I'll pay the ransom for myself  
I'm not worth much of nothing  
Guess I'll give my dying breath  
I'll hide behind the mirror  
Scared to see what I've become  
Cuz there's nothing, nothing left to hold but my tongue  
Tag--Cuz there's nothing left to hold but my tongue**